

What to do after a Bike crash (Instruction from Bicycle Network Website)

[1. Make sure you're ok](#)

The first thing you should do is take stock of the situation – ask yourself, ‘am I ok?’, and remember to breathe.

If you can, get yourself to a safe area and off the road if that’s where the crash happened. Call for help if you need it.

[2. Collect the details of other parties involved](#)

Collect the details of other party or parties involved including:

- Name
- Contact details (including mobile phone number)
- Vehicle registration

[3. Collect witness details](#)

Collect the name and contact details of any witnesses of the crash including:

- Name
- Contact details

[4. Take photos](#)

Take photos of the scene and record your memory of what happened.

[5. See a doctor](#)

See a doctor (even if injuries are not apparent). This is important as often injuries surface some time after the incident.

[6. Report the incident](#)

Report the incident to the police and note down the officer’s name and date of the report.

[7. Contact our Riders' Rights team](#)

Contact Bicycle Network Riders’ Rights Team on 1800 639 634 or membership@bicyclenetwork.com.au.

[8. Get your bike checked](#)

Your bike may have been damaged in the crash – make sure brakes, gears, chain and the frame are all good to go so you can get back on the bike again.

On the BN website there is a useful summary and 2 videos that provides a lot of useful information.

<https://www.bicyclenetwork.com.au/tips-resources/know-how/what-to-do-in-a-crash/>