

## BANYULE BUG LYCRA GROUP PROGRAM — December 2017/January 2018

All rides start at Warringal Park (Melways Map 32 C4) unless otherwise indicated. Visitors always welcome — just turn up at the start time and say hello. Scheduled rides may be varied to suit conditions.

<b>Lycra Group</b>	<b>Tuesdays &amp; Sundays.</b> Start 8:15 am Dec-Feb, 9:00 am Mar-Nov. <b>Fridays</b> bi-monthly (80+km) 7:30am start. BYO food/drink. Program below. Contact Ride Leader for information
<b>Night Ride</b>	<b>Wednesdays</b> 8:00pm from Rivergum Walk at Banyule Rd pedestrian traffic lights. 20 km on Koonung or Yarra Trails. Good front and rear lights essential. Contact: Lou 9459 6887
<b>Easy-paced</b>	<b>Sundays.</b> Start 8:15 am Dec-Feb, 9 am Mar-Nov. BYO food/drink. Contact John 0425 886 261

### December 2017 \*\*\* summer timetable — rides usually start at 8.15 am \*\*\*

	Ride/Event	Description	Leader
Sun 3	S Melb Market 46 km <a href="#">MAP</a>	Out by Main Yarra Trail, Park Rd, Napier St, Fed Square, Southbank, Normanby Rd, Cecil St. Return Ferrars Rd, Southbank Library, ferris wheel, Moonee Ponds Ck, Manningham St, Blyth St, Arthurton Rd, Donaldson Ck Reserve, Banksia St.	John Pe 0425 886 261
Tue 5	<b>Festive Ride</b> Studley Park <b>9.30 am start</b>	<b>Combined BUG morning tea/ lunch. Bring something yummy to share.</b> Lycra and Latte Groups ride together for an extended mid-week morning tea/ lunch. Main Yarra Trail home (12 km)	Allan G 0490 462 350
Sun 10	<b>Festive Ride</b> Studley Park <b>9.30 am start</b>	<b>BUG morning tea/ lunch. Bring something yummy to share.</b> Choose a route aiming to be at the Park no later than 10.30 am for an extended weekend morning tea/ lunch. Main Yarra Trail home (12 km)	John G 0404 834 634
Tue 12	Epping Park 42 km <a href="#">MAP</a>	Out by Bundoora Pk. & Upper Darebin Ck Trail (H2 to Waiora Rd, H1 in Park) to Epping Reserve. Return by Mill Park streets, Plenty Rd path, Ring Rd Trail, Greensborough.	Bob W 0419 878 660
Tue 12	<b>Banyule BUG Christmas Function — 6:30 pm, Godfathers Restaurant (cnr Mountain View and Sherbourne Rds, Briar Hill)</b>		
Sun 17	St Kilda Beach 60 km <a href="#">MAP</a>	Out through Port Melbourne. Return through Albert Park.	John Pi 0458 346 343
Tue 19	Middle M'byrnong 60 km <a href="#">MAP</a>	Capital City Trail, Moonee Ponds Ck Trail and streets to Maribyrnong River. Up river to Canning St Reserve for break (switchback H2 both ways but great view). Return by streets (H2 from river valley) through Moonee Ponds, Brunswick, Thornbury.	Alan P 0419 878 660

### January 2018 (rides usually start at 8.15 am)

Tue 2	Currawong Park 38 km <a href="#">MAP</a>	New Year Revival Ride. No alcohol, roast meats, fatty foods or sugar-drenched desserts. BYO light garden salad and spring water.	Bob W 0419 878 660
Sun 7	Richmond 39 km <a href="#">MAP</a>	Yarra Trail to Fairfield and Victoria Park then streets south to Lennox St. Break at Burnley Botanic Gardens. Main Yarra Trail home.	John G 0404 834 634
Tue 9	Elwood Beach 52 km <a href="#">MAP</a>	MYT to bridge at Belford Rd, Auburn Rd, Finch St, Glenhuntly Rd, Elsternwick Park, Rest at Elwood Beach showers. Bay Trail, Kerferd Rd, Domain, etc	John Pe 0425 886 261
Sun 14	Spotswood & Ferry 54 km <a href="#">MAP</a>	Out by MYT, Merri Creek Trail, Park St, Inner Circle Trail, Moonee Ponds Trail Footscray Rd, under W'Gate Bridge, Spotswood. Rest. Catch bike ferry (\$5) to Lorimer St, Docklands, La Trobe St, Canning St, Brunswick Rd, Blvd, home.	Allen P 0458 363 343
Tue 16	Craigieburn 76 km <a href="#">MAP</a>	Out by West Heidelberg, Reservoir streets to Western Ring Rd, Moonee Ponds Creek trails. Bike path through Roxburgh Park Estate to Craigieburn (rest). Home Hume Hwy By Pass track to Western Ring Rd trail.	Maurie A 0409 186 082
Sun 21	Blue Lake 45 km <a href="#">MAP</a>	Out by Rivergum Trail, Devonshire Rd, Watsonia Rd, Macorma St, Ring Rd, Diamond Hills Reserve, Sugargum Blvd, Mackelroy Rd, Memorial Dve, Yellow Gums Park. Return by DC Trail and MYT.	John Pi 0458 346 343
Tue 23	Sandridge Lookout 53 km <a href="#">MAP</a>	Yarra Trail, City to Sandridge Beach. Follow path 1 km to Sandridge Lookout – great views & rest. Return by Lorimer St, Docklands, Royal Park (H1).	Les D 03 9459 2701
Sun 28	Museum Gardens 35 km <a href="#">MAP</a>	Yarra Trail, north side to Domain and south side return.	Lou B 0432 004 526
Tue 30	Croydon 60 km <a href="#">MAP</a>	Out by Koonung Trail, Mitcham Streets and Dandenong and Tarralla Creek Trail to Croydon for break. Home by Croydon Streets, Mullim Mullim Trail, Springfield Rd and Koonung Trail. (Some gravel paths and H3 climbs at Mitcham and Croydon.)	Alan P 0418 878 660