

BANYULE BUG LYCRA GROUP PROGRAM — August/September 2017

All rides start at Warringal Park (Melways Map 32 C4) unless otherwise indicated. Visitors always welcome — just turn up at the start time and say hello. Scheduled rides may be varied to suit conditions.

Night Ride **Wednesdays** 8:00pm from Rivergum Walk at Banyule Rd pedestrian traffic lights. 20 km on Koonung or Yarra Trails. Good front and rear lights essential. Contact: Lou 9459 6887

Easy-paced **Sundays**. Start 8:15 am Dec-Feb, 9 am Mar-Nov. BYO food/drink. Contact John 0425 886 261

Lycra Group **Tuesdays & Sundays**. Start 8:15 am Dec-Feb, 9:00 am Mar-Nov. **Fridays** bi-monthly (80+km) 7:30am start. BYO food/drink. Program below. Contact Ride Leader for information

August 2017 (rides usually start at 9 am)

	Ride/Event	Description	Leader
Tue 1	Oakleigh Park 50 km MAP	Out by Bulleen Rd, Union Rd, Gardiners Creek Trail to Oakleigh. Home by Neerim Rd, Darling Rd, Auburn Rd	Allen Pe 0458 346 343
Tue 1	Annual General Meeting, Watsonia Library — 7:30 pm		
Sun 6	Currawong Park 35 km MAP	Out and back via Westerfolds & Mullum Trail. Short H3 into Currawong Park. Careful on short piece of road	John G 0404 834 634
Tue 8	Niddrie 55 km MAP	Streets W to Maribyrnong R. At Lily St, north onto Steeles Ck Trail. Follow to Valley Lake, Niddrie. Climb to Calder o'pass, then Trail to Airport West SC. To Moonee Ponds Ck at Boeing Res. Down MPC trail then streets east home.	Alan Pr 0419 878 660
Sun 13	Yarra Bend 40 km MAP	Streets west to Merri Ck (1 x H2). Down the Trail to break at Studley Park. Return by Boulevard (some H1) and Yarra Trail.	John Pi 0418 511 587
Tue 15	Maribyrnong 52 km MAP	Out by Coburg – Pascoe Vale – Essendon streets to Maribyrnong River Trail. MRT south to Pipe Makers Park. Return by Newmarket saleyard trail and streets to CCT and home. (H1)	John Pe 0425 886 261
Sun 20	Quarry Hills Park 42 km MAP	River Gum trail to Watsonia and Mill Park. H2-3 into Park & some walking possible. Return through South Morang avoiding Plenty Rd.	Lou B 0432 004 526
Tue 22	Upper Darebin Ck 55 km	W to Darebin Ck trail. N to Ring Rd, Victoria St to Whittlesea Gardens, Hume Trail to North Epping. Streets E to top of Darebin Ck Trail. Down to Ring Rd. E to Macorna St then S through Watsonia home	Les D 9459 2701
Sun 27	Lilydale 50 km MAP	Anniversary Trail to Canterbury station. Train to Lilydale. Mainly streets route past Lilydale Lake, Mooroolbark, Croydon, East Ringwood stations, then to Ringwood Lake and Mullum-Mullum, Eastlink and Koonung Trails home	Bob W 0401 772 362
Tue 29	Bentleigh Rec Res 62 km MAP	Out to Port Melbourne. Elwood Canal and Nepean Hwy path to Moorabin. Streets to Bentleigh Res. Home by Caulfield, Finch St, Auburn Rd.	Maurie A 0409 186 082

September 2017 (rides usually start at 9 am)

Sun 3	Riders' choice	Rider who suggests is leader, otherwise by agreement (Fathers' Day)	
Tue 5	Epping 50 km MAP	N to Ring Rd via Macleod, Bundoora Park. W to Edgars Rd. N on Victoria Rd to Whittlesea Gardens. Link back to Edgars Rd. N (bike-lane) to Cooper St. E (bike path) to Epping. Continue E on railtrail to S Morang. Streets to Plenty Rd. S on path to Ring Rd at Uni. Hill. Down to Plenty River Trail. Back to start.	Robert R 0412 430 244
Sun 10	Lower M'byrnong 49 km MAP	Thornbury, Brunswick, Moonee Ponds streets to River. Break at Pipemakers Park. Continue on river Trail to Footscray Rd Trail. Home by Capital City Trail.	Lou B 0432 004 526
Tue 12	Merri Creek North 48 km MAP	Out on River Gum Trail and G'boro Rd, etc, to Ring Road Trail. W over Dalton Rd and Hume F'way to Merri Creek Trail. S along MCT to Studley Park, Yarra Bvd, MYT, Arthur St, Darebin Creek Trail and home	John Pi 0418 511 587
Tue 12	Combined Dinner, Godfather's Restaurant 106 Mountain View Rd (cnr Sherbourne Rd) Briar Hill — 6:30pm		
Sun 17	Sandringham 58 km MAP	S on Anniversary Trail then railtrail to Huntingdale. S on streets and paths (some unsealed) past golf courses, through Karkarook and Braeside Parks, Waterways to coast at Mordialloc. Beach Rd to Sandringham. Trains home.	John Pe 0425 886 261
Tue 19	Hawkstowe Park 50 km MAP	River Gum trail to Watsonia (H1), Ring Rd, Upper Darebin Ck Trail, Mill Park Lakes. Return Plenty Rd path, Ring Rd, Plenty River Trail.	Alan Pr 0419 878 660
Fri 22 7:30 start	Ballarat ~50 km	7:30 am meet at Warringal Park or Eltham Theatre car park. 9:00 am meet at Modern Day Bakery Café, 146a Inglis St, Ballan. Then to Gong Gong Reserve (Daylesford-Ballarat Rd). Ride N Yarrowee Trail, Eureka, Canadian Trail to Buninyong, S Yarrowee Trail, Lake Wendouree, N Yarrowee Trail back to Gong Gong.	Allen Pe 0458 346 343
Sun 24	Strathewen 36 km MAP	Meef 10 am at Hurstbridge train station. Sunday train leaves 9.19 am from Heidelberg, arrives Hurstbridge 9.59. Check for any updates or rail works. Ride departs H'bridge 10.05 am. Use phone contact if held up. Ride via Arthur's Creek to Strathewen for break (no shops). 36 km out and back to H'bridge. Undulating, with 1x H2. Riding H'berg to H'bridge and back adds 38km	Bob W 0401 772 362
Tue 26	Williamstown 65 km MAP	Wilson reserve, Rushall station, Capital City and Footscray Rd trails, return same.	Allen Pe 0458 346 343