

## BANYULE BUG LYCRA GROUP PROGRAM — August/September 2019

All rides start at Warringal Park (Melways Map 32 C4) unless otherwise indicated. Visitors always welcome — just turn up at the start time and say hello. Scheduled rides may be varied to suit conditions.

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|--------------------|---|
| <b>Lycra Group</b> | <b>Tuesdays &amp; Sundays.</b> Start 8:15 am Dec-Feb, 9:00 am Mar-Nov. <b>Fridays</b> bi-monthly (80+km) with a 7:30 am start. BYO food/drink. Program below. Contact Ride Leader for information           |
| <b>Night Ride</b>  | <b>Wednesdays</b> 8:00pm from Rivergum Walk at Banyule Rd pedestrian traffic lights. ~20 km on Koonung or Yarra Trails. Good front and rear lights essential. Contact: Lou 9459 6887                        |
| <b>The Yum Run</b> | <b>Thursdays</b> 9.00am from Warringal. 40 km loop — Koonung, Mullum and MY Trails with a stop at Petty's Orchard for delicious baked treats and coffee. Way to go! No leader – whoever turns up, joins in. |

### August 2019 \*\*\* rides usually start at 9.00 am \*\*\*

|                               | Ride/Event  | Description  | Leader                   |
|-------------------------------|---|--|--------------------------|
| Sun 4                         | Hawthorn via Kew<br>46 km <b>MAP</b>                      | Out by MYT, Hyde Park trail. Kew to Willsmere. Studley Park Streets and L.E Bray Park to Hawthorn. River trail and streets to Richmond. Home by CCT to MCC and Napier St to Edinburgh Gardens. St Georges Rd path to Smith St and Gooch St to Darebin Ck trail and home. | John G<br>0404 834 634   |
| Tue 6                         | Donvale Plus<br>~45 km                                    | E Ivanhoe, Boulevard, Outer Circle Trail, Canterbury Gardens, Balwyn streets & paths, Koonung Trail, Tunstall Sq, George St, Ruffey Trail, MYT, Col de Viewbank  | Les D<br>9459 2701       |
| Tue 6                         | <b>Annual General Meeting — Watsonia Library, 7.30 pm</b> |  |                          |
| Sun 11                        | Catani Gardens<br>51 km <b>MAP</b>                        | Out to Port Melb and Beaconsfield Pde. Return by Fitzroy St, Albert Park, St Kilda Rd, Canning St & Capital City Trail.  | Bob W<br>0401 772 362    |
| Tue 13                        | Kororoit Creek Trail<br>78 km <b>MAP</b>                  | Out by CCT, Flemington, Yarraville Streets, Federation and Ring Rd trails to Kororoit Creek Trail. Home by Ring Rd trail, Mascoma St, O'Hea St. Upfield Trail and Thornbury Streets  | Robert R<br>0412 430 244 |
| Sun 18                        | Upper Darebin Creek<br>~55km                              | W to Darebin Ck trail. N to Ring Rd, Victoria St to Whittlesea Gardens, Hume Trail to North Epping. Streets E to top of Darebin Ck Trail. Down to Ring Rd. E to Macorna St then S through Watsonia home  | Lou B<br>0432 004 526    |
| Tue 20                        | Yarraman<br>75 km <b>MAP</b>                              | Out by Anniversary trail to Murrumbena. Follow bike path and streets along rail line to Yarraman station. Home by Eastlink trail. All sealed surface.  | Maurie A<br>0409 186 082 |
| Sun 25                        | G'boro Memorial Park<br>36 km <b>MAP</b><br>* NEW *       | Beetham Pde, Rosanna Parklands, Kingsbury Dve, Darebin CT, Bramble Cres, Betula Ave, Enterprise Dve, Plenty Gorge Trail, Eastgate Dve, G'boro Bypass Trail, Memorial Park. Rest. Plenty River Trail, Banyule Flats Reserve, MYT. Some gravel.                            | John Pe<br>0425 886 261  |
| Tue 27                        | Maribyrnong River Trail<br>78 km <b>MAP</b>               | Out by Macleod streets to Western Ring Rd, Ring Road trail to Maribyrnong River. MRT to Footscray Rd and home by Royal Park and Fairfield streets. (Part gravel path)  | Robert R<br>0412 430 244 |
| Fri 30<br><b>country ride</b> | Lara — Geelong loop<br>~65km <b>MAP</b>                   | <b>Drive to Lara for 10.30 meeting at rail station.</b> Along coastal trail, Barwon River trail, and streets to Eastern Beach. On return trip, follow waterfront trail to North Shore and retrace first section, to Lara.  | John Pe<br>0425 886 261  |

### September 2019 \*\*\* rides usually start at 9.00 am \*\*\*

|        |   |  |                          |
|--------|---|--|--------------------------|
| Sun 1  | Rider's Choice  | Rider who suggests is leader, otherwise by agreement (Fathers' Day)  | —                        |
| Tue 3  | Craigieburn<br>76 km <b>MAP</b>   | Out by West H'berg, Reservoir streets to Ring Rd, Moonee Ponds Creek trails. Bike path through Roxburgh Park Estate to Craigieburn (rest). Home Hume Hwy By Pass track to Western Ring Rd trail.   | Simon G<br>0412 986 874  |
| Sun 8  | Keilor Township<br>52 km + 16 km <b>MAP</b>   | Ride to Nth Melb station. Train to Keilor Downs. Ride to Taylors Lake and Keilor Township. Break. Return by Brimbank Park, Essendon, Coburg, Thornbury. 2km of good gravel path.   | Lou B<br>0432 004 526    |
| Tue 10 | Rowville Ramble<br>~65 km <b>MAP</b>  | Anniversary Trail to Canterbury. Train to Upp. F'tree Gully. Ferny Ck Trail, SW to Stud Rd Trail. Pass Tirhatuan Wetlands, link to Dandenong Ck Trail. N through Jells Park, climb Shepherd Rd to Glen Waverley (long H2). Rail trail down to Holmesglen, then Anniversary Trail home. | John Pe<br>0425 886 261  |
| Tue 10 | <b>B-BUG Annual Awards Night, Gennaro's Pizza Restaurant — 6:30pm (to be confirmed)</b> |  |                          |
| Sun 15 | Blue Lake<br>45 km <b>MAP</b>   | Out by Rivergum Trail, Devonshire Rd, Watsonia Rd, Macorna St, Ring Rd, Brentwick Dve, Sugargum Blvd, Mackelroy Rd, Memorial Dve, Yellow Gums Park. Return by DC Trail and MYT.  | John Pi<br>0418 511 587  |
| Tue 17 | Greenvale Reservoir<br>75 km <b>MAP</b>   | Ring Road, MPCT, B'meadows Valley Trail, Yuroke Ck Trail. Break at reservoir. Somerton Rd to Mickleham Rd, left at Barrymore Rd and Attwood Ck Trail, pipe track to Erinbank Cres and home by route out.   | Alan Pr<br>0419 878 660  |
| Sun 22 | Mittons Bridge<br>55 km <b>MAP</b>  | Start H'bridge Station <b>10.00am</b> . H'berg train 9.12am, gets in 9.56am (or pedal 25 km from Warringal Park). Hurstbridge to St Andrews, Mittons Bridge Rd. Hildebrand and Mine Rds. Doctors Gully Rd, Bannon Lane, Broadgully Rd, then Diamond Creek Trail to Eltham Station.     | Bob W<br>0401 772 362    |
| Tue 24 | Westmeadows<br>67 km <b>MAP</b>   | To Fairfield by Yarra Trail, then Merri Creek Trail to Ring Road Trail. Rest at Westmeadows in park. Return by Ring Rd Trail.  | Maurie A<br>0409 186 082 |
| Sun 29 | Yarra Ride<br>50 km <b>MAP</b>  | To and from break at Botanic gardens following trails on both banks of the river. Multiple H1 around the Boulevard.  | John G<br>0404 834 634   |