

BANYULE BUG LYCRA GROUP PROGRAM — April/May 2019

All rides start at Warringal Park (Melways Map 32 C4) unless otherwise indicated. Visitors always welcome — just turn up at the start time and say hello. Scheduled rides may be varied to suit conditions.

Lycra Group **Tuesdays & Sundays.** Start 8:15 am Dec-Feb, 9:00 am Mar-Nov. **Fridays** bi-monthly (80+km) with a 7:30 am start. BYO food/drink. Program below. Contact Ride Leader for information

Night Ride **Wednesdays** 8:00pm from Rivergum Walk at Banyule Rd pedestrian traffic lights. ~20 km on Koonung or Yarra Trails. Good front and rear lights essential. Contact: Lou 9459 6887

The Yum Run **Thursdays** 9.00am from Warringal. 40 km loop — Koonung, Mullum and MY Trails with a stop at Petty's Orchard for delicious baked treats and coffee. Way to go! No leader – whoever turns up, joins in.

April 2019

	Ride/Event	Description	Leader
Tue 2	Mernda ~55 km *NEW*	Paths & streets N via Uni Hill to Plenty Rd at D'ment Bvd. N to Middle Gorge station. Trail, Plenty Rd, streets N to Mernda Village. To Masons Rd, then S on railtrail to Hawkstowe station. Paths thro' Mill Park Lakes to Sth Morang station. Streets S to Uni Hill, Ring Rd, Watsonia, Home	Les D 9459 2701
Tue 2	General Meeting — Watsonia Library, 7.30 pm		
Fri 5 early start!	Southern Rail Trail ~60 km	Meet 9 am at Gibson's Café & Larder, 9 Falls Rd, Fish Creek. Ride to Foster, Port Franklin, Toora. Lunch, then choose either Upper Toora loop or Port Welshpool options. Return to Fish Creek.	John Pi 0418 511 587
Sun 7	Merri Creek North 55 km MAP	Rivergum Trail, streets and roads to Darebin Creek Trail and Ring Rd. West to Merri Creek Trail. South to MYT, Yarra Boulevard, Arthur St, Darebin CT, Banksia St, home. Many shortcut options	John Pe 0425 886 261
Tue 9	The Basin 68 km MAP	Koonung trail to Ringwood lakes. Heathmont trail to Dandenong Creek trail and The Basin. Streets to Bayswater trail, rejoin Dandenong Creek trail. Eastlink trail, Mitcham streets, home by Koonung trail.	Simon G 0412 986 874
Sun 14	Alamein & Box Hill circuit 40 km MAP	Anniversary and Gardiners Creek Trails. Some H1 and H2.	Lou B 0432 004 526
Tue 16	M'byrnong via Ess'don 60 km MAP	Out by MYT and CCT, Park St and MPCT to Moonee Ponds. Streets through Essendon (short H1 and H2) to MRT. Return through Water Gardens estate, MRT, Ascot vale streets and home.	Robert R 0412 430 244
Sun 21	Riders' choice	Rider who suggests is leader, otherwise by agreement (<i>Easter Sunday</i>)	
Tue 23	Riders' choice	Rider who suggests is leader, otherwise by agreement (<i>Easter Tuesday</i>)	
Sun 28	Yarran Dheran 53 km MAP	Koonung Trail to end (some H1 and H2) and short streets extension to Reserve for break & return.	Bob W 0401 772 362
Tue 30	Peninsula link trail 59 km + 25km to & from Richmond Stn	Ride to Richmond Station. Train to Mordialloc. Wells Rd path and Peninsula Link path to Mt Eliza Regional Park. Return (Option 1. Quinn St, Canadian Bay Rd to Mt Eliza, Frankston, H3 to climb) (Option 2 Return by Peninsula Link path to Baxter trail to Frankston.) Train from any station from Frankston to Mordialloc back to R'mond. Ride home.	Allen Pe 0458 363 343

May 2019

Sun 5	*NEW* St Kilda Botanic Gardens 49 km MAP	MYT, Rushall Station, Napier St, Lansdowne St, Jolimont, MCG, Goschs Paddock, Anderson St, Fawkner Park, Alfred St, SK Gardens, Rest. Alma Rd, Auburn Rd, Kilby Rd, Bulleen Rd, home	John Pe 0425 886 261
Tue 7	Brimbank Park 70 km MAP	Out by Rosanna, Bundoora Streets to Western Ring Rd. Western Ring Rd to Keilor Park Dr and into Brimbank Park. Home by Avondale Heights paths and streets. Maribyrnong, Ascot Vale, Parkville, home	Alan Pr 0412 430 244
Sun 12	Riders' choice	Rider who suggests is leader, otherwise by agreement (<i>Mothers' Day</i>)	
Tue 14	Williamstown 65 km MAP	Wilson reserve, Rushall station, Capital City and Footscray Rd trails, return same. Optional extension to Altona.	Lou B 0432 004 526
Tue 14	Combined Dinner – Godfather's Restaurant 106 Mountain View Rd (cnr Sherbourne Rd) Briar Hill - 6:30pm		
Sun 19	Epping Park 42 km MAP	Out by Bundoora Pk. & Upper Darebin Ck Trail (H2 to Waiora Rd, H1 in Park) to Epping Reserve. Return by Mill Park streets, Plenty Rd path, Ring Rd Trail, Greensborough.	Bob W 0401 772 362
Tue 21	Craigieburn via Roxburgh Park 76 km MAP	Out by West Heidelberg, Reservoir streets to Ring Rd, Moonee Ponds Creek trails. Bike path through Roxburgh Park Estate to Craigieburn (rest). Home Galada Tamboore Track to Ring Rd trail.	Allen Pe 0458 363 343
Sun 26	Schwerkolt Cottage 42 km MAP	Koonung Trail to Eastlink (some H3) & break at cottage. Mitcham streets to Koonung Trail home.	John G 0404 834 63
Tue 28	Dingley/ Dandenong ~68 km MAP	Anniversary Trail S to Hughesdale Follow rail to Huntingdale. Streets and paths (some unsealed) S past golf courses to Karkarook Park. Dingley Bypass, D'nong Bypass, Eastlink Trails to Yarraman station. Train to Oakleigh. N on Atkinson St to Gardiners Ck trail at Holmesglen. N through Box Hill, Bushy Ck, Koonung, Bulleen Rd home.	Maurie A 0409 186 082